



ELITE MARTIAL ARTS CLASS SCHEDULE

Beginning 8/16/22

Visit our website: www.elitetkdschool.com
24125 W. 111th Street, Plainfield Township, IL 60564

☎ 630-922-6622 Fax 630-922-6611

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:45 - 10:00AM ENDURANCE TRAINING
					10:00AM - 11:30AM DEMO TEAM
4:00 - 4:30 PEE WEE ALL BELT		4:00 - 4:45 PEE WEE AND SPARRING			
4:45 - 5:30 Beginner CLASS		4:45 - 5:30 DEPUTY - ADV CLASS			
5:30 - 6:15 DEPUTY - ADV CLASS	4:45 - 5:30 ADV BELT CLASS	5:30 - 6:15 Beginner CLASS	5:00 - 5:45 SPARRING CLASS	5:00 - 5:45 Beginner CLASS	
6:15 - 7:00 BLACK BELT CLASS	5:30 - 6:15 TEEN CLASS	6:15 - 7:00 BLACK BELT CLASS	5:45 - 6:30 TEEN ADULT CLASS	6:00 - 7:00 SPARRING TEAM	
7:00 - 8:00 SPARRING TEAM	6:15 - 7:15 POOMSAE TEAM		6:30 - 7:30 POOMSAE TEAM		

CHILD BEGINNER: WHITE TO ORANGE BELT **CHILD ADVANCED :** GREEN TO HIGH RED BELT
PEE WEE : AGES 4 - 5 YEARS OLD **SPARRING CLASS:** ORANGE BELT AND UP
ADULT/ TEENAGER : AGES 13 AND OLDER